



Research Proposal Flow-chart

Aim and objectives























Aim and objectives

Aim - was clear

To identify a simple modality to asses in all its dimensions the family burden when caring for a palliative care patient

Specific objectives ?

Shoud be specific statements that define the research actions will to be done in the research project in order to achieve de aim





About my research

- The caregiver's burden depends on the disease particularities, the caregiver's characteristics and the environment and relationship in the family and community _ what is the best way to assess?
- It is interesting to analyze how these aspects influence each other in the care process of the patient with incurable disease
- Challenge to identify the differences between caregiver's burden who care for patient with cancer and caregiver's burden who care for patient with non-malignant conditions. All these patients were in palliative care.





Aim and objectives-my research

Aim:

The assessment of primary caregiver's burden during the care for a patient with palliative needs

Specific Objectives:

- To retrieve through a systematic literature review existing validated instruments that measure the primary caregivers burden when caring for palliative care patients in the first year of my PhD work
- To select from the identified instruments based on a purposefully designed scoring grid one instrument to use in clinical practice
- To asses primary caregiver's burden both of cancer and non cancer palliative care patients by using the selected instrument in a longitudinal observational study in the 3rd year of my PhD work





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